

Special Called Meeting of the
Board of Mayor and Council
September 24, 2009

The Board of Mayor and Council met in a special called meeting on September 24, 2009 at 7:00 p.m. at the Municipal Building for the sole purpose of discussing/acting on health insurance for the employees of the Town of Ashland City, Tennessee.

Present and presiding: Mayor Gary Norwood.

Council present: Steve Allen, Tommy Nicholson, Jimmy Gill, Rick Johnson, and Chris LaCrosse.

Council absent: Carol Macha.

Mayor Norwood called the meeting to order and said James Smith was here to talk to us about the health insurance.

Mr. Smith said he was here for the Council to decide which plan to go to he spoke about the Cigna plan saying that is the one he is recommending at this time. Cigna's strongpoint is a highlight on wellness this is going to become the norm with insurance companies. The prices we see are contingent on 90% participation to doing a health assessment. The purpose of this assessment is to educate the employee and give educational material to the employees so if there are any issues they can do something about it. They will also come out and do a bio metric screening and blood draw. This information will be private and protected they will be given an aggregate report and set up a game plan
The Mayor told Mr. Smith that the city is going to have a nutritionist come talk at our staff meeting and the city pays for a gym membership for the employees we are trying to stay pro-active, what should we be doing. Do we get any points for this? Mr. Smith replied that if you get the 90% participation from the employees there should be a 10% discount off the original quoted rates. Even without that it is still less than Blue Cross. Mr. said at this time he is recommending Cigna as it is a savings to both the city and employees. There are 2 different quotes from Cigna and he feels that the best deal is Cigna at the \$3,000 deductible. It is a win/win situation for everyone.

Mr. LaCrosse asked where have we left off.

Mr. Smith said look at rate plans 1 and 3 that is what we currently have. Plan 2 is the new BlueCross S rates and plan 4 is the BlueCross P rates.

The question is do we stay with BlueCross or go with Cigna, offer both the \$4,000 and 3,000 deductible rates and do we want to keep the budget at \$451. Or reduce what the city is paying?

A discussion ensued on what we were paying that the city had raised what they were going to pay into the H.S.A. If we went with the normal routine which is the cost plus 5% the city would contribute \$407.80 per employee per month.

A motion was made by Johnson, seconded by LaCrosse, to go with Cigna offering plan 5 or 6 and to calculate a 5% increase from last years' figures.

Mr. Smith said currently we are paying \$451.35 and after the 5% was figured it shows we should be paying \$407.80 Therefore, going with Cigna using the new figure of \$407.80 will give a savings to the city of \$2,221.05 a month or \$26,652.60 a year.

Motion passed with a roll call vote of: Johnson-yes, Lacrosse-yes, Allen-yes, Nicholson-yes, Gill-yes, and Mayor-yes.

A motion was made by LaCrosse, seconded by Johnson to switch our dental plan to Cigna. Motion passed with a roll call vote of: LaCrosse-yes, Johnson-yes, Gill-yes, Nicholson-yes, Allen-yes, and Mayor-yes.

Mr. LaCrosse asked if the figures could be sent to them. Mr. Smith said he would get the updated figures and send them to Phyllis and she can forward them to the Council.

A motion was made by LaCrosse, seconded by Johnson to adjourn. Motion passed unanimously by voice vote. Meeting adjourned at 8:13 p.m.

Gary Norwood, Mayor

Phyllis Schaeffer, City Recorder